

Dot Torture



Idaho Gun School

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adapted from David Blinder, www.personaldefensetraining.com

Date: _____

Score: _____ / 50

Distance: _____

Total Time: _____

Par time 3 yards - 90 seconds
Par time 5 Yards - 110 seconds
Par time 7 Yards - 130 Seconds

Use 4 or 5 magazines, 5 magazine = penalty +5 to time.



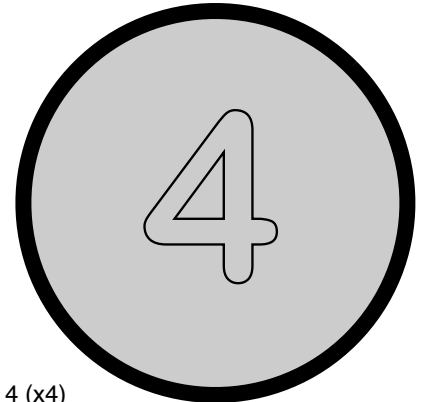
5 shots slow fire



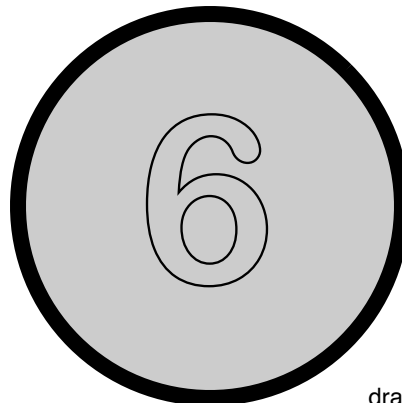
draw, one shot (x5)



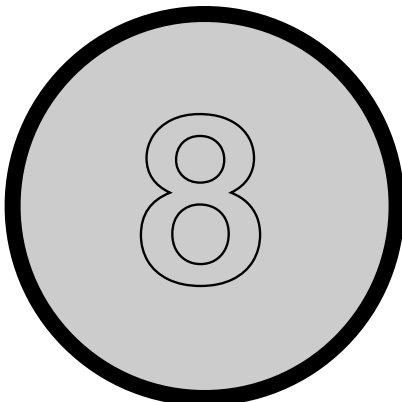
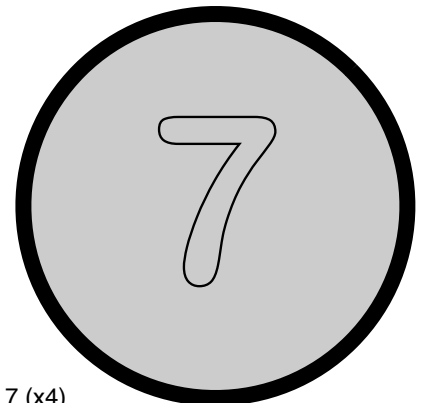
draw, 1 on 3, 1 on 4 (x4)



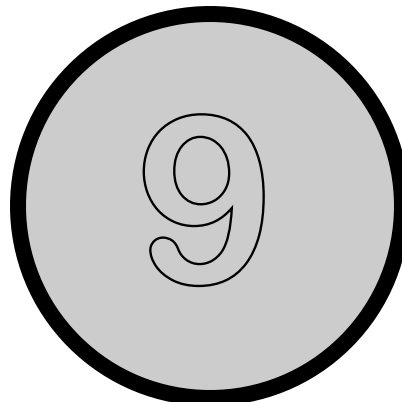
draw, five shots strong hand



draw, 2 on 6, 2 on 7 (x4)



ready, five shots weak hand



draw, 1 on 9, speed reload, 1 on 10 (x3)

